

RESTORATION RECOVERY

Newsletter FALL 2021

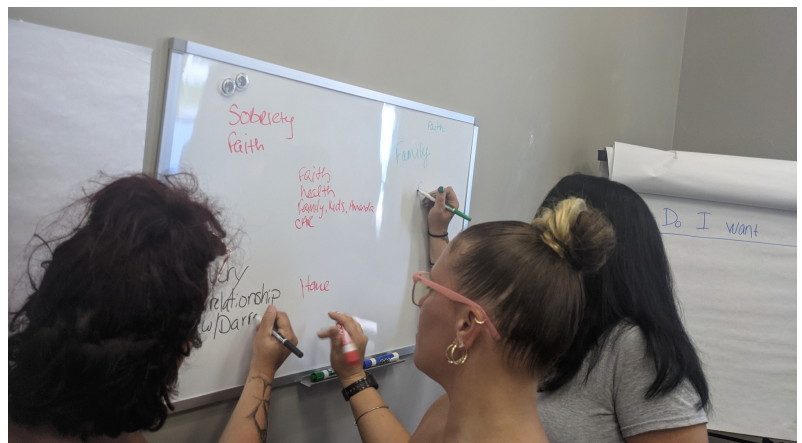
GUEST GLIMPSE

Kelly Carpenter

"Being in a new state, starting out on my road to recovery this late in my life, has been challenging. Having found a place like the Restoration Recovery Center has allowed me to find a center and a place of strength to deal with my daily struggles.

From the moment I stepped through the doors of the center, I have felt a sense of family and a sense of belonging. Being a part of something bigger than me. Having a past that included over 20 years of drug use and several attempts to get clean, I feel like this time I have an entire army of supporters helping me stay afloat.

They are pointing me in the right direction of obtaining long term sobriety.



**Restoration
Recovery Center**

Newsletter 2021

RECOVERY FEST 2021

It was a day of eclectic music, face painting, raffle drawings, and, most importantly, celebration of sobriety and recovery in the form of fundraising for newcomers to recovery. The event, which took place on August 21st, 2021 at Riverfront Park, attracted hundreds of community members and raised \$3,300.



POLICE OFFICERS VISIT THE RRC--CRISIS INTERVENTION TRAINING

In August 2021, several police officers from the local Fitchburg area paid a visit to the RRC and were given a guided tour. The goal was to change the typical narrative that officers and other community members have about addicts in recovery, prioritizing faces and stories over bare statistics. It is to be hoped that this visit by the police officers will lead to similar visits in the future so that officers and recovering addicts have more of a team mentality than an enemy mentality.

COMMUNITY SERVICE



OUTDOOR MEETING SPACE AND SERENITY WALK PROJECT HAS BEGUN!

We are working hard on the "inside" making changes to ourselves as we transform our lives and families. One of the models RRC holds true is "Giving back what was freely given for you". Participants at the center have spent countless hours cleaning up and preparing the space outside of the facility in preparation for the outdoor meeting space and serenity path. RRC is so grateful for the funding provided by UMASS Determination of Needs as well as our very own yard sale organized by the women who reside at the Catholic Charities home in Leominster. Looking forward to updates and planting of the spring garden!

RESTORATION SECOND ANNIVERSARY!

Recovery Month Celebration

Come join us on September 25th at 2 PM at the RRC! Meet the staff and our members. See where all the ACTION takes place.

Dress up and have fun!



RELAPSE PREVENTION PROGRAM AT THE RRC

Lead by Teri Tirado, this group program focuses on strategies and activities to prevent a relapse. This group is conducted every Tuesday at 1 PM at the RRC. Newcomers are always welcome! This program, named M.O.R.E. sees Recovery as a journey and provides guidance along the way.

**JOIN US FOR M.O.R.E.
(MY ONGOING RECOVERY
EXPERIENCE)**

TUESDAYS AT 1PM

**IN PERSON OR
ZOOM MEETING
986728983,
PASSCODE
143070**



Thank you to Our Donors and Sponsors

